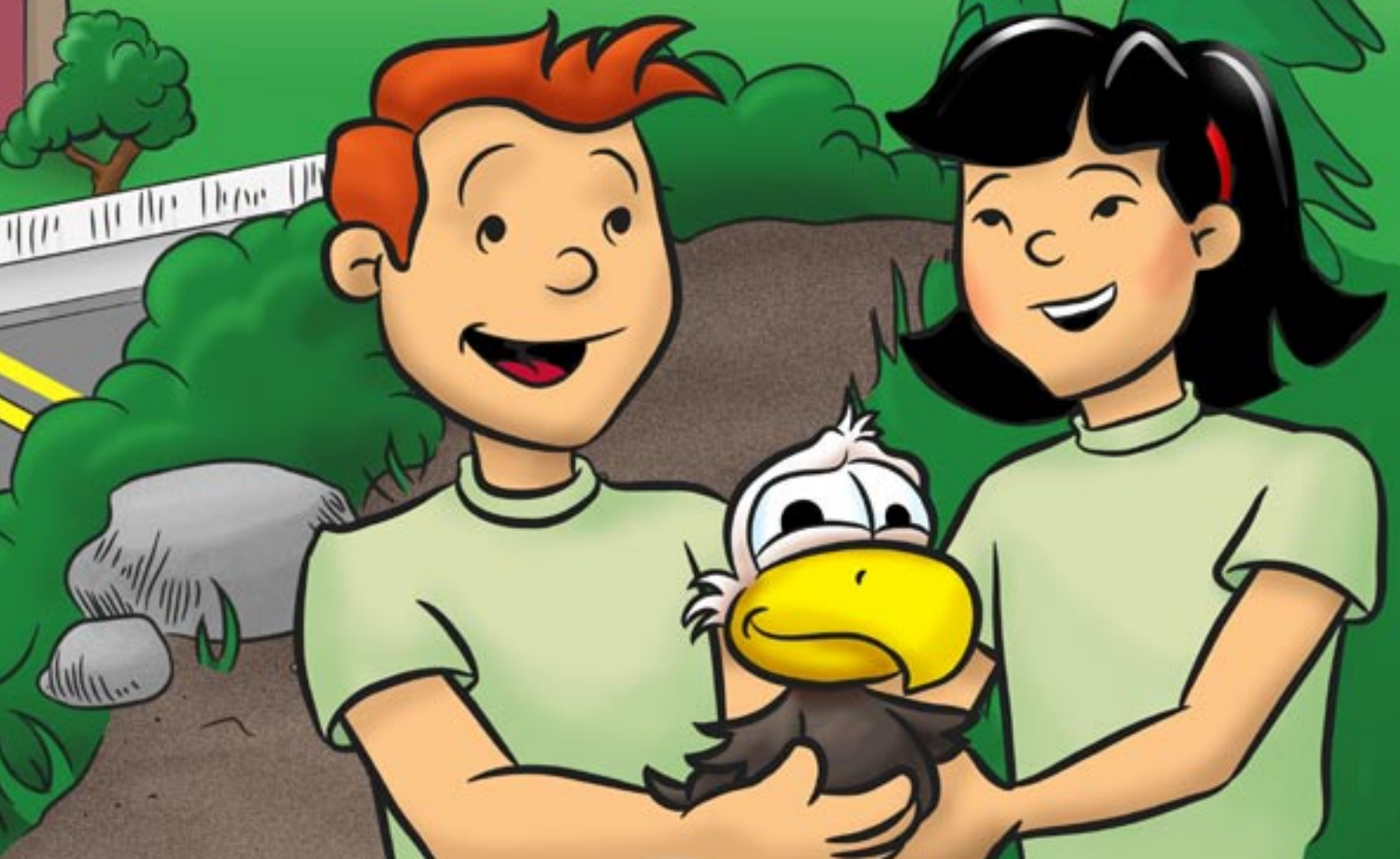


Nora  
& Wes

A **Quest** for  
**Clean Air**



"NORA AND WES: A QUEST FOR CLEAN AIR" IS A PRODUCTION OF THE NORTHWEST AIR QUALITY COMMUNICATORS NETWORK, A CONSORTIUM OF FEDERAL, STATE, PROVINCIAL AND LOCAL AIR QUALITY AND HEALTH ORGANIZATIONS IN THE PACIFIC NORTHWEST.

LEARN MORE ABOUT OUR WORK AND WHAT YOU CAN DO TO PROTECT THE AIR AT

**WWW.AIRWATCHNORTHWEST.ORG**



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SPECIAL THANKS TO THE FOLLOWING AGENCIES FOR THEIR SUPPORT:



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HI! I'M NORA.

...AND I'M WES. TODAY WE'RE GOING FOR A WALK TO GET SOME FRESH AIR.

COME WITH US! EVERY LIVING THING NEEDS AIR, INCLUDING YOU!



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HEY LOOK!  
IT'S A BABY EAGLE.  
IT LOOKS LIKE HE  
ISN'T FEELING SO  
GOOD.

POOR EAGLE.  
WHAT'S WRONG?

HI, I'M AIRO. I  
CAN'T FLY, BECAUSE  
I'M HAVING A HARD  
TIME BREATHING!



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HI KIDS! MY NAME IS SKY, AND I AM A **CLEAN AIR CHAMPION.**

YOUR FRIEND IS SICK BECAUSE OF BAD AIR AND HE NEEDS YOUR HELP!

IF YOU CAN FIGURE OUT WHAT IS MAKING THE AIR BAD, MAYBE **YOU** CAN BE A CLEAN AIR CHAMPION TOO!



WE WANT TO BE CLEAN AIR CHAMPIONS! **LET'S GET STARTED!**

## Word Scramble

Using the letters below, fill in the blanks to find out what might be making Airo the Eagle sick.

I A O P N L T U O

R LI



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**BAD AIR IS  
CAUSED BY AIR  
POLLUTION.**

**SOME  
AIR POLLUTION  
COMES FROM  
FACTORIES**

**BUT MOST  
OF OUR AIR  
POLLUTION COMES  
FROM CARS AND  
TRUCKS.**

**AIR POLLUTION  
ALSO COMES FROM  
WOODSTOVES AND FIREPLACES,  
OUTDOOR FIRES, AND YARD  
EQUIPMENT THAT RUNS ON  
GASOLINE.**



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# Spot the Differences

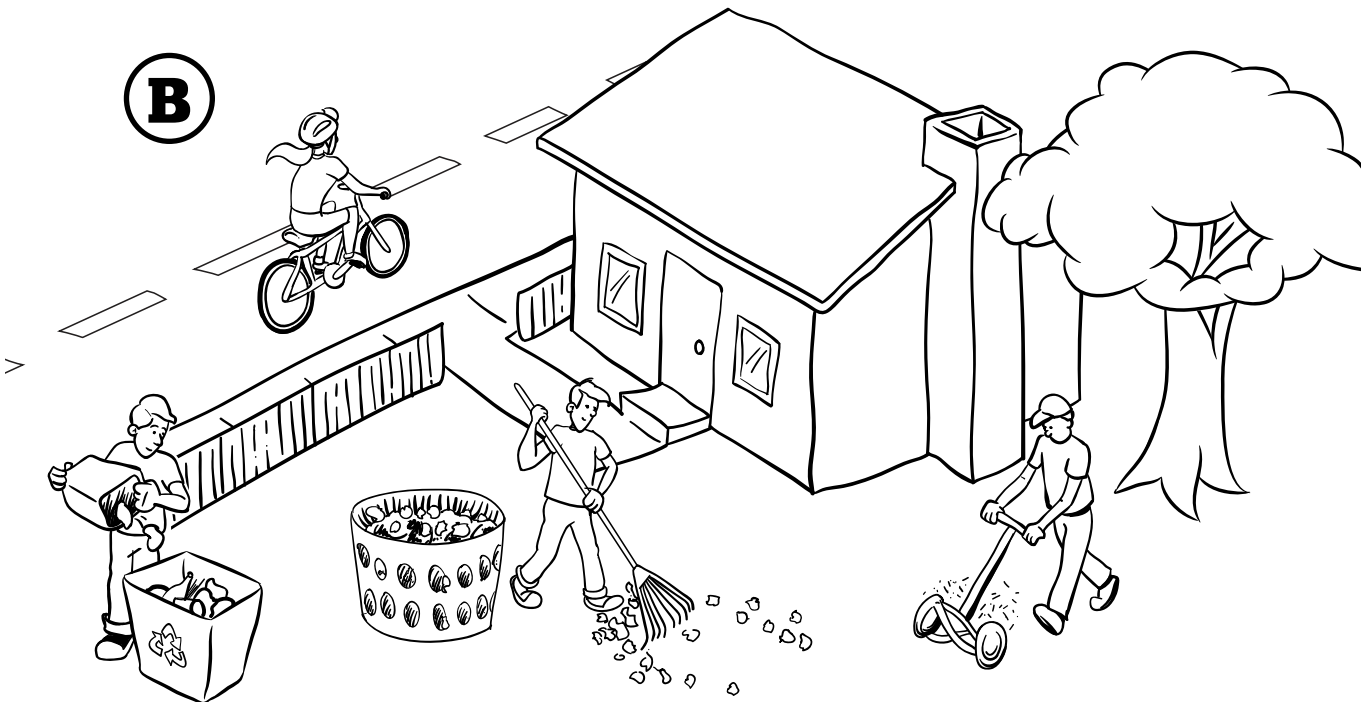
Air pollution comes from many different places.

Circle the differences you see between picture A and picture B.

**A**



**B**



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WHY IS THERE SO MUCH SMOKE?

**YUCK!**  
SOMETHING STINKS!

SOMEONE IS BURNING GARBAGE. BURNING GARBAGE IS ILLEGAL, AND REALLY BAD FOR THE AIR...

...AND **YOUR HEALTH!**



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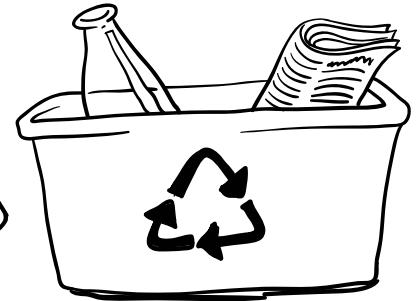
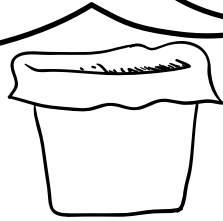
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RATHER THAN  
BURN YOUR GARBAGE,  
RECYCLE WHAT YOU CAN THEN  
PUT THE REST IN YOUR TRASH  
CAN. IT'S MUCH BETTER FOR  
THE AIR.



## What Can You Recycle?

Can you find these recyclable objects in the picture?

Aluminum can

Plastic water bottle

Newspaper

Cereal box

Glass soda bottle

Magazine

Cardboard box



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LOOK AT  
THE PILE OF  
STICKS AND LEAVES!  
**MORE YUCKY  
SMOKE!**

BURNING  
ANYTHING PUTS  
SMOKE INTO THE AIR.  
COMPOSTING YOUR YARD  
WASTE IS MUCH BETTER  
FOR THE AIR.

WHAT'S  
COMPOSTING?

**I KNOW!**  
COMPOSTING IS WHEN  
PLANTS TURN BACK  
INTO SOIL.

THAT'S  
RIGHT. IT'S GREAT  
FOR THE EARTH,  
AND GREAT FOR  
THE AIR.



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## Math Decoder

Help Nora & Wes solve the problems then put the letter in the blanks below.  
What is the message?

$4 + 3 = \underline{\quad} R$

$5 - 3 = \underline{\quad} T$

$7 + 2 = \underline{\quad} C$

$10 - 6 = \underline{\quad} L$

$6 - 1 = \underline{\quad} Y$

$9 - 8 = \underline{\quad} I$

$4 + 2 = \underline{\quad} K$

$2 + 6 = \underline{\quad} E$

$8 - 5 = \underline{\quad} O$

                                                                                              
1      4      1      6      8      2      3

                                                                                              
7      8      9      5      9      4      8



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LOOK AT ALL OF THE SMOKE FROM ALL OF THESE CHIMNEYS.

THAT CAN'T BE GOOD FOR THE AIR.

IF YOU'RE GOING TO HAVE A FIRE, YOU NEED TO KNOW HOW TO BURN SMART.

THAT MEANS GIVING YOUR FIRE LOTS OF AIR SO IT DOESN'T SMOKE, AND ONLY BURNING DRY SEASONED WOOD.



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SEE IF YOU  
CAN FIND THESE  
WORDS!



# Word Search

Air  
Fire  
Pollution  
Wood Stove

Burn  
Fireplace  
Seasoned

Chimney  
Hot  
Smoke

Dry  
Log  
Wood

G F Y O Q H Y P X E I H  
O Q R S M O K E F C D I  
L C D R E D B C G A K F  
P U I N R U B X L L J V  
M A C F M L L Y L P S Q  
I S E A S O N E D E J W  
Z B W J Z P H O T R Q O  
X Y E N M I H C R I X O  
P O L L U T I O N F X D  
H H D M O F G A Z Y I B  
W X F L X K T Z F I R E  
B E V O T S D O O W C K

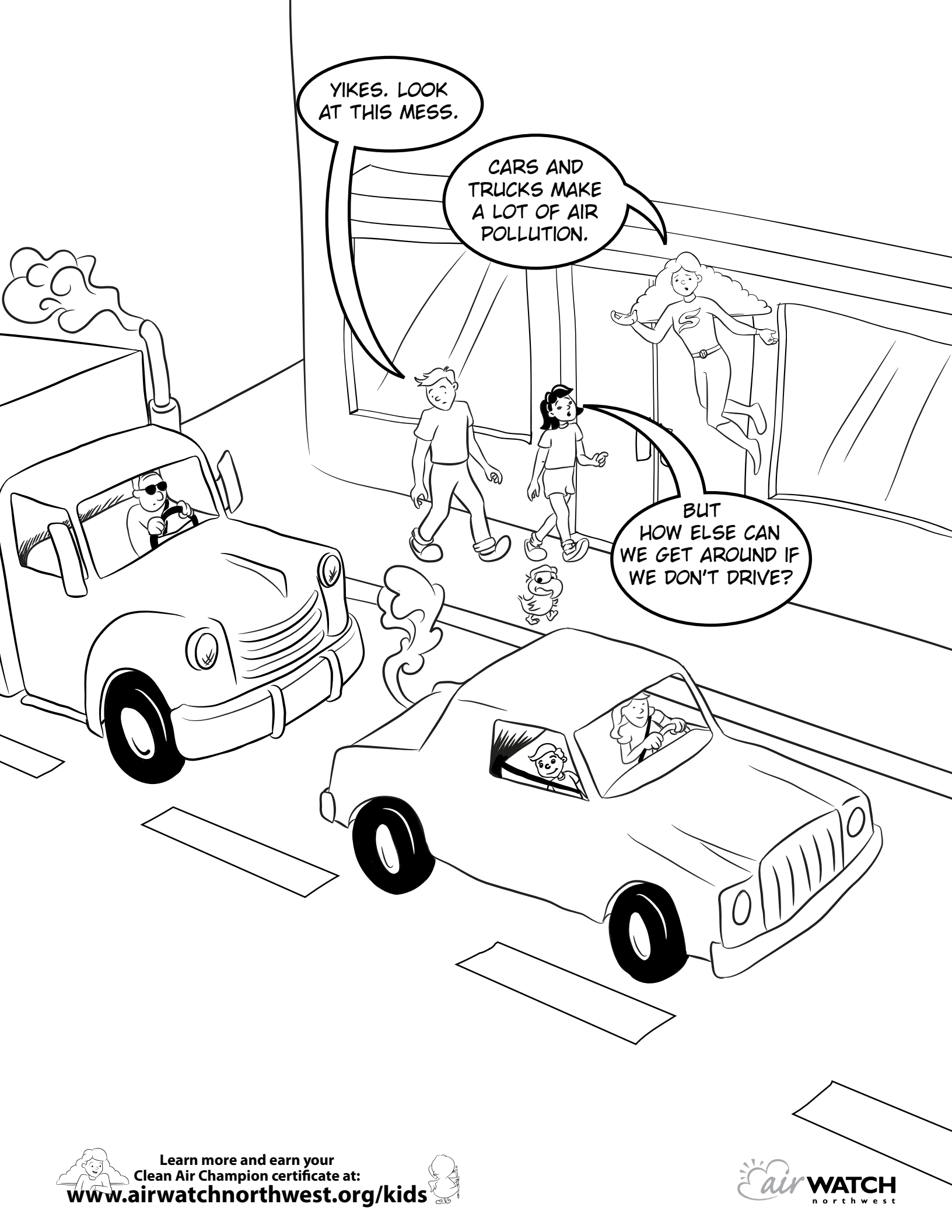


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YIKES. LOOK AT THIS MESS.

CARS AND TRUCKS MAKE A LOT OF AIR POLLUTION.

BUT HOW ELSE CAN WE GET AROUND IF WE DON'T DRIVE?

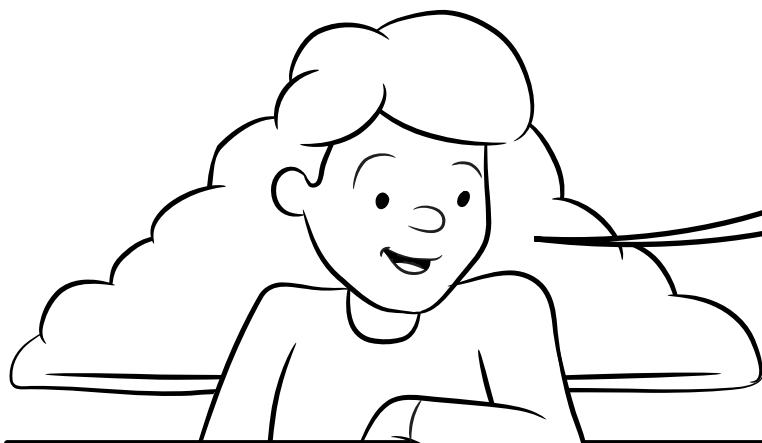


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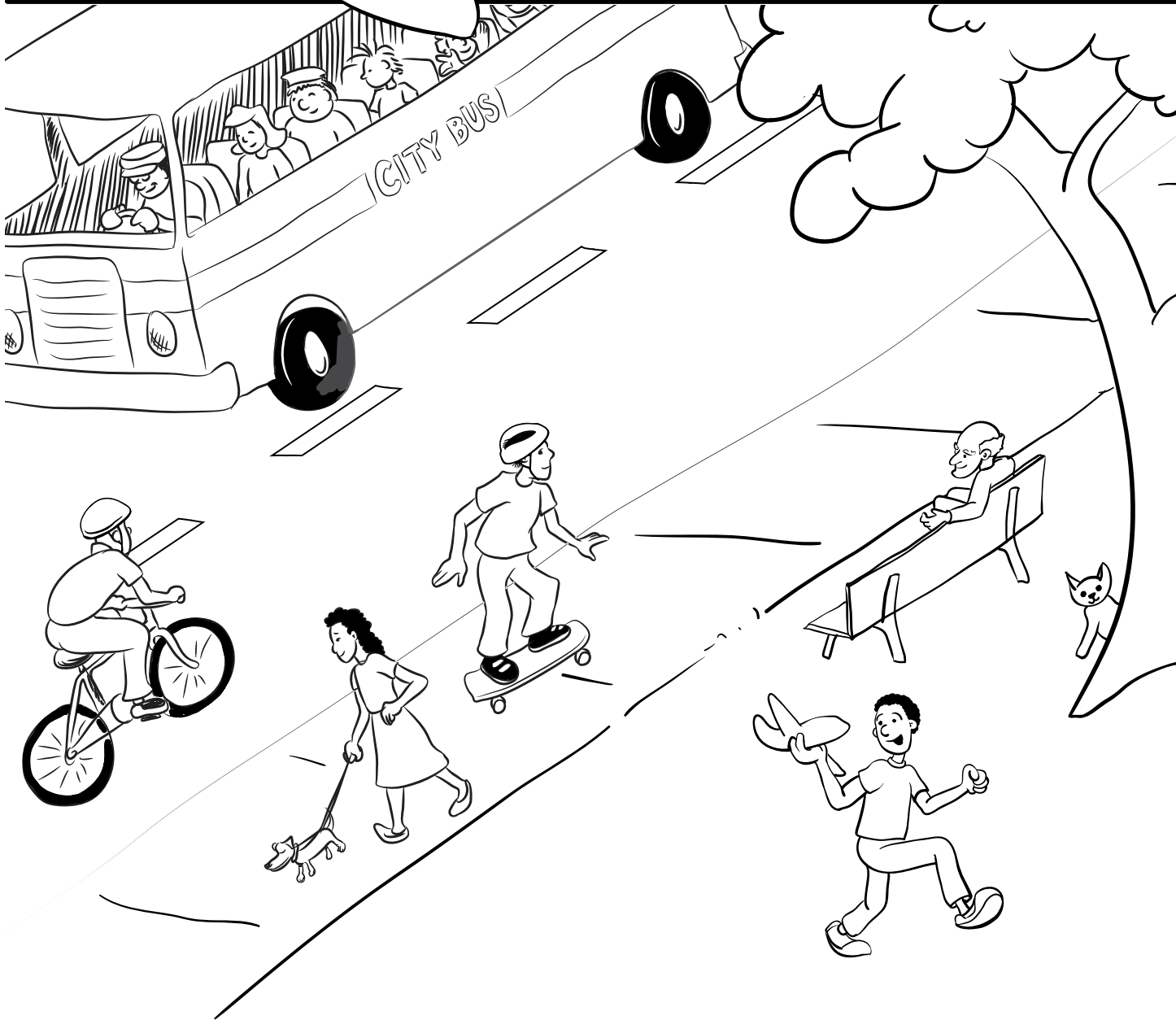
[www.airwatchnorthwest.org/kids](http://www.airwatchnorthwest.org/kids)



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THERE ARE  
LOTS OF WAYS!  
THE LESS PEOPLE  
DRIVE, THE BETTER  
THE AIR.



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BUT  
SOMETIMES YOU  
NEED A CAR.

TRUE. THAT'S  
WHY IT'S IMPORTANT  
TO TAKE GOOD CARE OF  
YOUR CAR. WHEN A CAR'S  
ENGINE RUNS WELL, IT  
DOESN'T POLLUTE AS  
MUCH.



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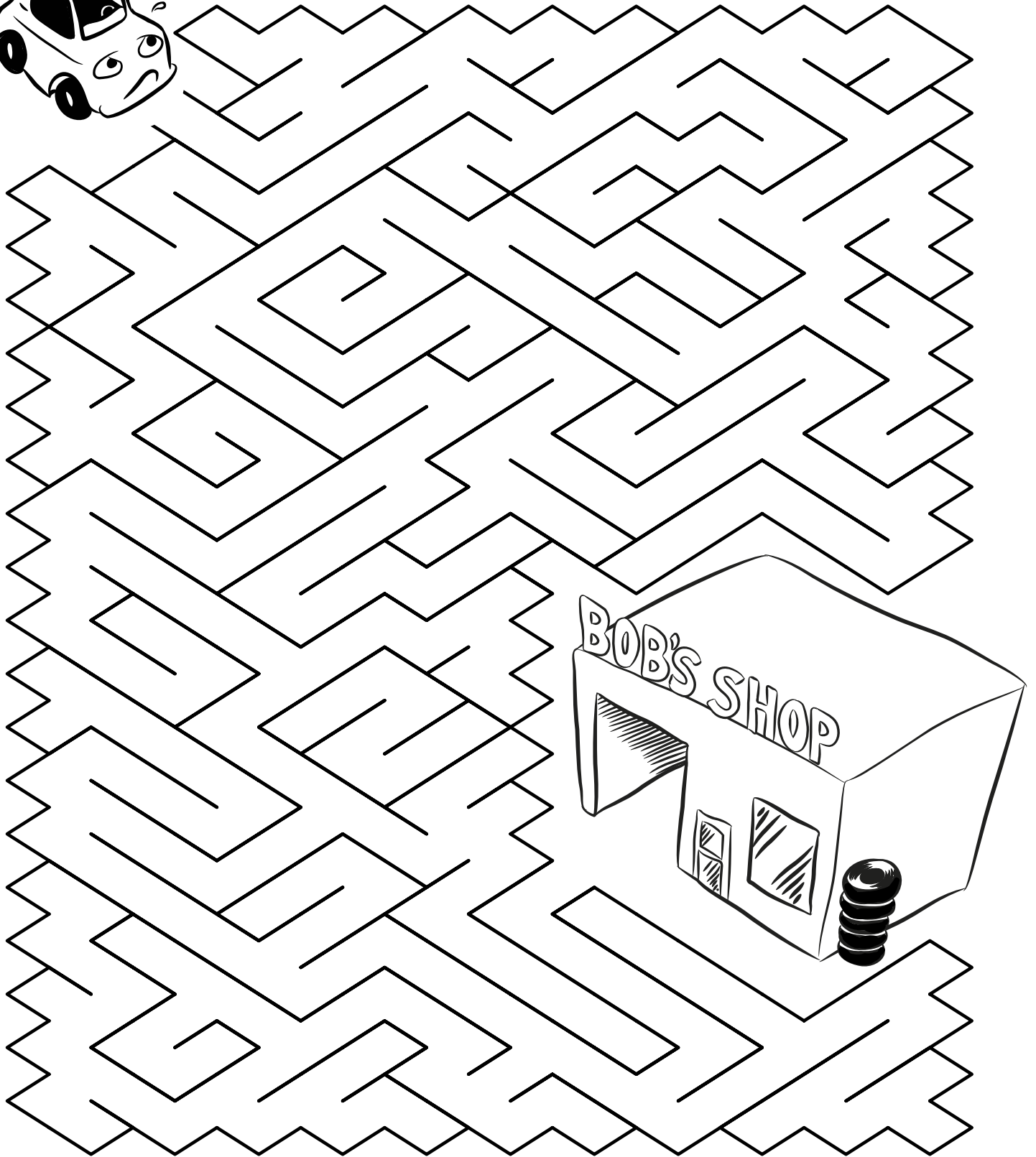


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# Maze

Black, stinky smoke means your car is sick. Help guide Wes' family car through the maze. It really needs a mechanic.



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LOOK. ALL THESE CARS ARE POLLUTING AND THEY AREN'T EVEN MOVING.

CRAWLING

KEEPING YOUR ENGINE ON WHEN YOU ARE NOT DRIVING IS CALLED IDLING.

IF YOU ARE WAITING FOR MORE THAN 30 SECONDS, IT'S BETTER TO TURN OFF YOUR CAR.



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# Word unscramble

Running your engine when you aren't going anywhere is called "idling." Unscramble the words to find out how to idle less for cleaner air.

r n u t f o f e t h g i n n e e

k a r p t h e r a c

l w a k s d i n i e

k e t a e t h u s b

d i r e u o y r k i b e

YOUR SCHOOL CAN BE A NO-IDLE ZONE SCHOOL!  
HAVE YOUR TEACHER OR PARENT VISIT [WWW.AIRWATCHNORTHWEST.ORG](http://WWW.AIRWATCHNORTHWEST.ORG) TO FIND OUT HOW!



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YOU ARE NOW AN  
**OFFICIAL CLEAN  
AIR CHAMPION  
TOO!**



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# Clean Air Pledge

CUT OUT YOUR OFFICIAL CLEAN AIR CHAMPION BADGE BELOW! PRINT YOUR NAME IN THE "OFFICER" BOX!



"I PLEDGE TO DO ALL I CAN TO HELP PROTECT THE AIR."



NOTE: THIS CERTIFICATE CAN BE CUT OUT AND FITS IN ANY 5" X 7" PICTURE FRAME.

# Check This Out!



NOW THAT YOU ARE A CLEAN AIR CHAMPION, CHECK OUT THESE OTHER IDEAS TO KEEP OUR AIR CLEAN!

START A WALKING SCHOOL BUS IN YOUR NEIGHBORHOOD!

RECYCLE EVERYTHING YOU CAN AT HOME AND AT SCHOOL!

MAKE YOUR SCHOOL GREEN! ASK YOUR TEACHER TO VISIT OUR WEBSITE FOR LOTS OF GREAT ACTIVITIES!

TEACH YOUR PARENTS AND TEACHERS TO TURN OFF THEIR ENGINES WHEN WAITING FOR MORE THAN 30 SECONDS!

PLAY GAMES AND DO SOME AWESOME SCIENCE EXPERIMENTS ON OUR WEBSITE!

JUST GO TO  
**[www.airwatchnorthwest.org/kids](http://www.airwatchnorthwest.org/kids)**  
FOR ALL THIS AND MORE!!

IF YOU DON'T HAVE INTERNET ACCESS, JUST VISIT YOUR LOCAL PUBLIC LIBRARY!



*air* **WATCH**  
n o r t h w e s t

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